ASTHMA POLICY

Updated: 15/10/2022

Asthma is a condition in which the airways within the lungs have an increased sensitivity. When these sensitive airways are exposed to certain triggers they narrow excessively, making it hard to breathe. PIT Gymnastics is committed to ensuring that gymnasts with asthma can participate fully in gymnastics classes.

- Parents to supply an Asthma First Aid Action Plan

- Parents to update the Asthma First Aid Action Plan whenever there is a change in their child's medication to ensure that staff are well informed and can provide the maximum level of care and supervision for that child.

- Gymnasts must provide their own asthma medication which should be bought to class as required.
- If a gymnast suffers from asthma – it will be noted under Medical Conditions in the class roll. A copy of the child's Asthma First Aid Action Plan Details will also be in the class roll.
- Details relating to the treatment of asthma are contained in the Emergency Folders locate in the gym.

Policy published:

- Website